

# April 2025

## CACFP/SFSP BREAKFAST/SNACK MENU



BOYS & GIRLS CLUB  
OF TRUCKEE MEADOWS

| MONDAY                                          | TUESDAY                                                                               | WEDNESDAY                                                      | THURSDAY                                                                | FRIDAY                                                             |
|-------------------------------------------------|---------------------------------------------------------------------------------------|----------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------------------------------------------|
|                                                 | 1<br>20Z • SAUSAGE LINK<br>20Z • FRENCH TOAST<br>20Z • GRAPES<br>80Z • MILK           | 2<br>40Z • CEREAL<br>20Z • FRESH SEASONAL FRUIT<br>80Z • MILK  | 3<br>1<br>20Z • BREAKFAST SANDWICH<br>80Z • APPLESAUCE<br>• MILK        | 4<br>1<br>20Z • MUFFINS<br>80Z • SLICED APPLES<br>• MILK           |
| 7<br>40Z • CEREAL<br>1 • BANANAS<br>80Z • MILK  | 8<br>20Z • SAUSAGE PATTY<br>20Z • MAPLE WAFFLES<br>20Z • ORANGE WEDGES<br>80Z • MILK  | 9<br>40Z • CEREAL<br>20Z • FRESH SEASONAL FRUIT<br>80Z • MILK  | 10<br>1<br>20Z • BAGEL BREAKFAST SANDWICH<br>80Z • APPLESAUCE<br>• MILK | 11<br>40Z • YOGURT & GRANOLA<br>20Z • SLICED APPLES<br>80Z • MILK  |
| 14<br>40Z • CEREAL<br>1 • BANANAS<br>80Z • MILK | 15<br>20Z • SAUSAGE LINK<br>20Z • FRENCH TOAST<br>20Z • GRAPES<br>80Z • MILK          | 16<br>40Z • CEREAL<br>20Z • FRESH SEASONAL FRUIT<br>80Z • MILK | 17<br>1<br>20Z • BREAKFAST SANDWICH<br>80Z • APPLESAUCE<br>• MILK       | 18<br>1<br>20Z • MUFFINS<br>80Z • SLICED APPLES<br>• MILK          |
| 21<br>40Z • CEREAL<br>1 • BANANAS<br>80Z • MILK | 22<br>20Z • SAUSAGE PATTY<br>20Z • MAPLE WAFFLES<br>20Z • ORANGE WEDGES<br>80Z • MILK | 23<br>40Z • CEREAL<br>20Z • FRESH SEASONAL FRUIT<br>80Z • MILK | 24<br>1<br>20Z • BAGEL BREAKFAST SANDWICH<br>80Z • APPLESAUCE<br>• MILK | 25<br>1<br>20Z • YOGURT & GRANOLA<br>80Z • SLICED APPLES<br>• MILK |
| 28<br>40Z • CEREAL<br>1 • BANANAS<br>80Z • MILK | 29<br>20Z • SAUSAGE LINK<br>20Z • FRENCH TOAST<br>20Z • GRAPES<br>80Z • MILK          | 30<br>40Z • CEREAL<br>20Z • FRESH SEASONAL FRUIT<br>80Z • MILK |                                                                         |                                                                    |

MENU SUBJECT TO CHANGE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER  
MENU PREPARED BY DONALD W. REYNOLDS CULINARY TEAM AND LEAD BY FABIAN GUERRERO  
THE BOYS AND GIRLS CLUB STRIVES TO SIGNIFICANTLY REDUCE PROCESSED FOOD ON EVERY MEAL ITEM

April 2025

CACFP/SFSP LUNCH/DINNER MENU



BOYS & GIRLS CLUB  
OF TRUCKEE MEADOWS

| MONDAY                                                                                                                | TUESDAY                                                                                                         | WEDNESDAY                                                                                                  | THURSDAY                                                                                                  | FRIDAY                                                                                                           |
|-----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
|                                                                                                                       | 4OZ • THREE CHEESE MAC & CHEESE 1<br>4OZ • LOADED MASHED POTATOES<br>2OZ • ORANGE WEDGES<br>1 8OZ • MILK        | 4OZ • LASAGNA MAC 2<br>4OZ • ITALIAN BEAN SALAD<br>2OZ • BANANA<br>2OZ • BREADSTICKS<br>8OZ • MILK         | 1 • TERIYAKI MEATBALLS 3<br>4OZ • STEAMED BROCCOLI<br>2OZ • FRESH CUT MELON<br>8OZ • BROWN RICE<br>• MILK | 1 • CRISPY ORANGE CHICKEN 4<br>4OZ • ASIAN CITRUS SLAW<br>2OZ • WHOLE PEARS<br>8OZ • CHOW MIEN<br>• MILK         |
| 1 • CHICKEN FAJITAS 7<br>4OZ • ROASTED CARROTS<br>1 • BANANAS<br>8OZ • TORTILLAS<br>• MILK                            | 2OZ • CHEESY BEEF TACOS 8<br>2OZ • BLACK BEAN MANGO<br>4OZ SALAD<br>2OZ • GRAPES<br>8OZ • MILK                  | 1 • CHICKEN AND WAFFLES 9<br>4OZ • CELERY STICKS<br>1 • FRESH SEASONAL<br>1 FRUIT<br>8OZ • MILK            | 1 • HOMEMADE SAUSAGE 10<br>4OZ PEPPERONI PIZZA<br>2OZ • ITALIAN VEGGIES<br>8OZ • GRAPEFRUIT<br>• MILK     | 4OZ • BBQ PULLED PORK 11<br>4OZ SANDWICH<br>2OZ • LOADED MASHED<br>8OZ POTATOES<br>• SLICED APPLES<br>• MILK     |
| 4OZ • TERIYAKI CHICKEN 14<br>4OZ BOWL<br>2OZ • GREEN BEAN CORN<br>8OZ SALAD<br>• SLICED APPLES<br>• WG RICE<br>• MILK | 2OZ/1 • SOUTHWESTERN 15<br>4OZ CHILI<br>2OZ • STEAMED BROCCOLI<br>8OZ • ORANGE WEDGES<br>• CORN BREAD<br>• MILK | 1 • ORANGE CHICKEN 16<br>4OZ WITH BROWN RICE<br>2OZ • ITALIAN VEGGIES<br>8OZ • BANANAS<br>• MILK           | 1 • TURKEY CORN DOG 17<br>4OZ • BAKED BEANS<br>2OZ • FRESH CUT MELON<br>8OZ • MILK                        | 8OZ • HAM AND CHEESE 18<br>4OZ SUB SANDWICH<br>2OZ • CARROT AND<br>8OZ CRANBERRY SLAW<br>• WHOLE PEARS<br>• MILK |
| 2OZ • MEATBALL SUB 21<br>4OZ SANDWICH<br>1 • THREE BEAN SALAD<br>2OZ • BANANAS<br>8OZ • BREADSTICKS<br>• MILK         | 2OZ/1 • BBQ CHICKEN 22<br>4OZ SANDWICH<br>2OZ W/CHEESE<br>8OZ • CUCUMBER SLICES<br>• GRAPES<br>• MILK           | 2/1 • CLASSIC HOT DOG 23<br>4OZ • POTATO WEDGES<br>2OZ • FRESH SEASONAL<br>8OZ FRUIT<br>• WG BUN<br>• MILK | 1 • HOMEMADE BBQ 24<br>4OZ CHICKEN PIZZA<br>2OZ • CORN ON THE COB<br>8OZ • GRAPEFRUIT<br>• MILK           | 1 • CHICKEN FRIED RICE 25<br>4OZ • ORANGE GLAZED<br>2OZ CARROTS<br>8OZ • WHOLE PEARS<br>• MILK                   |
| 1 • SPAGHETTI WITH 28<br>4OZ MEATBALLS<br>2OZ • GREEN SALAD<br>8OZ • SLICED APPLES<br>• MILK                          | 2OZ • TACO TUESDAY 29<br>4OZ • BLACK BEAN MANGO<br>2OZ SALAD<br>2OZ • ORANGE WEDGES<br>2OZ • MILK<br>8OZ        | 2/1 • BIG MAC BURGER 30<br>4OZ • CARROT WEDGES<br>2OZ • BANANAS<br>8OZ • MILK                              |                                                                                                           |                                                                                                                  |

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