

July 2025

BREAKFAST SFSP
DWR & PENN



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 4OZ • CEREAL WW 4OZ • BANANAS 8OZ • MILK	1 2OZ • SAUSAGE PATTY 4OZ • FRENCH TOAST WW 4OZ • ORANGE WEDGES 8OZ • MILK	2 4OZ • CEREAL WW 4OZ • MIXED FRUIT 8OZ • MILK	3 • CLOSED	4 • CLOSED
7 4OZ • CEREAL WW 4 • FRUIT CUP 8OZ • MILK	8 2OZ • SAUSAGE LINKS 4OZ • MAPLE WAFFLES WW 4OZ • ORANGE WEDGES 8OZ • MILK	9 4OZ • CEREAL WW 4OZ • MIXED FRUIT 8OZ • MILK	10 2OZ • EGG PATTY 4OZ • PANCAKES WW 4OZ • APPLESAUCE 8OZ • MILK	11 4OZ • CEREAL 4OZ • SLICED APPLES 8OZ • MILK
14 4OZ • CEREAL WW 4OZ • BANANAS 8OZ • MILK	15 2OZ • SAUSAGE PATTY 4OZ • FRENCH TOAST WW 4OZ • ORANGE WEDGES 8OZ • MILK	16 4OZ • CEREAL WW 4OZ • MIXED FRUIT 8OZ • MILK	17 2OZ • BREAKFAST SCRAMBLE 4OZ • APPLESAUCE 4OZ • MINI BAGEL WW 8OZ • MILK	18 2OZ • CEREAL 4OZ • SLICED APPLES 8OZ • MILK
21 4OZ • CEREAL WW 4OZ • BANANAS 8OZ • MILK	22 2OZ • SAUSAGE LINKS 4OZ • MAPLE WAFFLES WW 2OZ • ORANGE WEDGES 8OZ • MILK	23 4OZ • CEREAL WW 2OZ • MIXED FRUIT 8OZ • MILK	24 1 • SAUSAGE LINK 4OZ • PANCAKES WW 4OZ • APPLESAUCE 8OZ • MILK	25 4OZ • CEREAL 4OZ • SLICED APPLES 8OZ • MILK
28 4OZ • CEREAL WW 4OZ • BANANAS 8OZ • MILK	29 2OZ • SAUSAGE PATTY 4OZ • FRENCH TOAST WW 4OZ • ORANGE WEDGES 8OZ • MILK	30 4OZ • CEREAL WW 4OZ • MIXED FRUIT 8OZ • MILK	31 2OZ • BREAKFAST SCRAMBLE 4OZ • APPLESAUCE 4OZ • MINI BAGEL WW 8OZ • MILK	

July 2025

BREAKFAST SFSP
DLC, DS, LV, NR, RM, PANN, CS, FERNLEY



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 4OZ • CEREAL WW 4 • BANANAS 8OZ • MILK	1 4OZ • MUFFINS 4OZ • ORANGE WEDGES 8OZ • MILK	2 4OZ • CEREAL WW 4OZ • MIXED FRUIT 8OZ • MILK	3 • CLOSED	4 • CLOSED
7 4OZ • CEREAL WW 4OZ • FRUIT CUP 8OZ • MILK	8 4OZ • MUFFINS 4OZ • ORANGE WEDGES 8OZ • MILK	9 4OZ • CEREAL WW 4OZ • MIXED FRUIT 8OZ • MILK	10 4OZ • YOGURT & GRANOLA 4OZ • APPLESAUCE 4OZ • MILK 8OZ	11 4OZ • CEREAL WW 4OZ • SLICED APPLES 8OZ • MILK
14 4OZ • CEREAL WW 4OZ • BANANAS 8OZ • MILK	15 4OZ • MUFFINS 4OZ • ORANGE WEDGES 8OZ • MILK	16 4OZ • CEREAL WW 4OZ • MIXED FRUIT 8OZ • MILK	17 4OZ • YOGURT & GRANOLA 4OZ • APPLESAUCE 4OZ • MILK 8OZ	18 4OZ • CEREAL WW 4OZ • SLICED APPLES 8OZ • MILK
21 4OZ • CEREAL WW 4OZ • BANANAS 8OZ • MILK	22 4OZ • MUFFINS 4OZ • ORANGE WEDGES 8OZ • MILK	23 4OZ • CEREAL WW 2OZ • MIXED FRUIT 8OZ • MILK	24 4OZ • YOGURT & GRANOLA 4OZ • APPLESAUCE 4OZ • MILK 8OZ	25 4OZ • CEREAL WW 4OZ • SLICED APPLES 8OZ • MILK
28 4OZ • CEREAL WW 4OZ • BANANAS 8OZ • MILK	29 4OZ • MUFFINS 4OZ • ORANGE WEDGES 8OZ • MILK	30 4OZ • CEREAL WW 2OZ • MIXED FRUIT 8OZ • MILK	31 4OZ • YOGURT & GRANOLA 4OZ • APPLESAUCE 4OZ • MILK 8OZ	

MENU SUBJECT TO CHANGE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU PREPARED BY DONALD W. REYNOLDS CULINARY TEAM AND LEAD BY FABIAN GUERRERO
THE BOYS AND GIRLS CLUB STRIVES TO SIGNIFICANTLY REDUCE PROCESSED FOOD ON EVERY MEAL ITEM

July 2025

LUNCH MENU SFSP

PENN, DWR, DLC, DS, LV, NR, RM, PANN, CS, FERNLEY



BOYS & GIRLS CLUB
OF TRUCKEE MEADOWS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 20Z • CHICKEN NUGGETS 40Z • BAKED BEANS 20Z • SLICED APPLES 20Z • GOLDFISH WG 80Z • MILK	1 40Z • TURKEY CORN DOG WG 40Z • TATER TOTS 20Z • BANANAS 20Z • PRETZELS WW 80Z • MILK	2 20Z • ORANGE CHICKEN 40Z • CARROTS 20Z • FRESH SEASONAL FRUIT 20Z • WG CHOW MIEN 80Z • MILK	3 • CLOSED	4 • CLOSED
7 40Z • HOT DOGS 40Z • BROCCOLI W/CHEESE 20Z • SLICED APPLES 20Z • WG BUNS 80Z • MILK	8 20Z • TACO TUESDAY 40Z • REFRIED BEANS 20Z • BANANAS 40Z • WW TORTILLAS 80Z • MILK	9 20Z • CHEESEBURGER 10Z • PICKLES 40Z • POTATO WEDGES 20Z • FRESH SEASONAL FRUIT 40Z • WG BUN 80Z • MILK	10 60Z • THREE CHEESE MAC & CHEESE WW 40Z • ORANGE GLAZED CARROTS 20Z • MELON 80Z • MILK	11 40Z • CHICKEN PARMESAN 40Z • ZUCCHINI W/RANCH 20Z • ORANGE WEDGES 20Z • BREADSTICKS WW 80Z • MILK
14 20Z • TAQUITOS 40Z • POTATO WEDGES 20Z • SLICED APPLES 40Z • FRITOS WW 80Z • MILK	15 40Z • CHICKEN & WAFFLES WW 40Z • BROCCOLI & RANCH 20Z • BANANAS 80Z • MILK	16 40Z • CHEESY NACHOS 40Z • REFRIED BEANS 20Z • FRESH SEASONAL FRUIT 40Z • WG NACHOS 80Z • MILK	17 40Z • HOMEMADE CHEESE FOCACCIA PIZZA WW 40Z • ROASTED CARROTS 20Z • MELON 80Z • MILK	18 20Z • SCRAMBLED EGGS 40Z • TOMATO AND CORN SALAD 40Z • WW FRENCH TOAST 20Z • ORANGE WEDGES 80Z • MILK
21 20Z • BBQ BURGER 40Z • BAKED BEANS 20Z • SLICED APPLES 40Z • WW BUN 80Z • MILK	22 60Z • PENNE WITH MEAT SAUCE WW 40Z • CUCUMBER SLICES W/RANCH 20Z • BANANAS 80Z • MILK	23 20Z • PULLED PORK SANDWICH 40Z • ROASTED SQUASH 20Z • FRESH SEASONAL FRUIT 40Z • WG BUN 80Z • MILK	24 60Z • SOUTHWESTERN CHILI 40Z • MEXICAN CORN SALAD 20Z • MELON 40Z • CORN BREAD WG 80Z • MILK	25 60Z • CHICKEN FRIED RICE WG 40Z • CARROT SLAW 20Z • ORANGE WEDGES 80Z • MILK
28 60Z • MARINARA MEATBALL SANDWICH WW 40Z • MASHED POTATOES 20Z • SLICED APPLES 80Z • MILK	29 40Z • TERIYAKI CHICKEN 40Z • RED BELL PEPPERS 20Z • BANANAS 40Z • WG RICE 80Z • MILK	30 60Z • LASAGNA MAC WW 40Z • ITALIAN BEAN SALAD 20Z • FRESH SEASONAL FRUIT 80Z • MILK	31 40Z • HOMEMADE COMBO FOCACCIA PIZZA WW 40Z • SUGAR SNAP PEAS 20Z • MELON 80Z • MILK	

MENU SUBJECT TO CHANGE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU PREPARED BY DONALD W. REYNOLDS CULINARY TEAM AND LEAD BY FABIAN GUERRERO
THE BOYS AND GIRLS CLUB STRIVES TO SIGNIFICANTLY REDUCE PROCESSED FOOD ON EVERY MEAL ITEM