

July 2026

BREAKFAST MENU CACFP
DWR & PENN



BOYS & GIRLS CLUB

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		10OZ CEREAL WW 4OZ MIXED FRUIT 8OZ MILK1	2OZ /1EACH BREAKFAST TACOS 4OZ APPLESAUCE 8OZ MILK2	Closed3
10OZ CEREAL WW 4OZ FRUIT CUP 8OZ MILK6	1 EACH SAUSAGE LINKS 1 EACH FRENCH TOAST WW 4OZ ORANGE WEDGES 8OZ MILK7	10OZ CEREAL WW 4OZ MIXED FRUIT 8OZ MILK8	1 EACH BREAKFAST BURRITO WW 4OZ APPLESAUCE 8OZ MILK9	10OZ CEREAL WW 4OZ MIXED FRUIT 8OZ MILK10
10OZ CEREAL WW 4OZ FRUIT CUP 8OZ MILK13	1 EACH SAUSAGE LINKS 1 EACH MAPLE WAFFLES WW 4OZ ORANGE WEDGES 8OZ MILK14	10OZ CEREAL WW 4OZ MIXED FRUIT 8OZ MILK15	2OZ /1EACH BREAKFAST TACOS 4OZ APPLESAUCE 8OZ MILK16	10OZ CEREAL WW 4OZ MIXED FRUIT 8OZ MILK17
10OZ CEREAL WW 4OZ FRUIT CUP 8OZ MILK20	1 EACH SAUSAGE LINKS 1 EACH FRENCH TOAST WW 4OZ ORANGE WEDGES 8OZ MILK21	10OZ CEREAL WW 4OZ MIXED FRUIT 8OZ MILK22	1 EACH BREAKFAST BURRITO WW 4OZ APPLESAUCE 8OZ MILK23	10OZ CEREAL WW 4OZ MIXED FRUIT 8OZ MILK24
10OZ CEREAL WW 4OZ FRUIT CUP 8OZ MILK27	1 EACH SAUSAGE LINKS 1 EACH MAPLE WAFFLES WW 4OZ ORANGE WEDGES 8OZ MILK28	10OZ CEREAL WW 4OZ MIXED FRUIT 8OZ MILK29	2OZ /1EACH BREAKFAST TACOS 4OZ APPLESAUCE 8OZ MILK30	10OZ CEREAL WW 4OZ MIXED FRUIT 8OZ MILK31

MENU SUBJECT TO CHANGE. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
MENU PREPARED BY DONALD W. REYNOLDS CULINARY TEAM AND LEAD BY FABIAN GUERRERO
THE BOYS AND GIRLS CLUB STRIVES TO SIGNIFICANTLY REDUCE PROCESSED FOOD ON EVERY MEAL ITEM
*NOTATES HOMEMADE ITEMS

July 2026

LUNCH MENU CACFP
PENNINGTON, DWR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		4OZ TERIYAKI CHICKEN STIR FRY 4OZ CARROTS 1 2OZ BROWN RICE (WG) 4OZ FRESH SEASONAL FRUIT 8OZ MILK	6OZ LASAGNA MAC* (WW) 2 4OZ WHITE BEAN SALAD 1 EACH BANANAS 8OZ MILK	3 Closed
1 EACH HOT DOG 4OZ TATER TOTS 6 1 EACH BANANAS 1 EACH BUNS (WW) 8OZ MILK	3OZ CARNITAS TACOS 4OZ CHEESY REFRIED BEANS 7 4OZ SLICED APPLES 1EA TORTILLAS (WW) 8OZ MILK	1 EACH BEAN & CHEESE BURRITO (WW) 8 4OZ CORN ON THE COBB 4OZ FRESH SEASONAL FRUIT 8OZ MILK	1 EACH HOMEMADE CHEESE FOCACCIA PIZZA (WW) 9 4OZ CARROT STICKS 1 EACH BANANAS 8OZ MILK	6 EACH CHICKEN NUGGETS (WW) 10 4OZ GARDEN SALAD 1 EACH CLEMENTINES 8OZ MILK
6OZ/3 EACH PENNE W/MEATBALLS (WW) 13 4OZ CUCUMBER SLICES 1 EACH BANANAS 8OZ MILK	3OZ GROUND BEEF TACO TUESDAY 14 4OZ REFRIED BEANS 4OZ SLICED APPLES 1 EACH TORTILLAS (WW) 8OZ MILK	3 EACH SAUSAGE LINKS 15 4OZ BROCCOLI 4OZ FRESH SEASONAL FRUIT 1 EACH MAPLE WAFFLES (WW) 8OZ MILK	1 EACH CLASSIC CHEESEBURGER 16 4OZ TATER TOTS 1 EACH BANANAS 1 EACH BURGER BUN (WW) 8OZ MILK	4OZ ORANGE CHICKEN 17 4OZ CARROTS 2OZ BROWN RICE (WG) 1 EACH CLEMENTINES 8OZ MILK
3 EACH MEATBALL MARINARA SANDWICH 20 4OZ ZUCCHINI 1 EACH BANANAS 1 EA BUN (WW) 8OZ MILK	6OZ CHORIZO PENNE PASTA (WW) 21 4OZ STEAMED PEAS 4OZ SLICED APPLES 8OZ MILK	4OZ ORANGE CHICKEN 22 4OZ GREEN BEANS 2OZ BROWN RICE (WG) 4OZ FRESH SEASONAL FRUIT 8OZ MILK	1 EACH HOMEMADE PEPPERONI FOCACCIA PIZZA (WW) 23 4OZ CARROT STICKS 1 EACH BANANAS 8OZ MILK	1 EACH CHICKEN PARMESAN 24 4OZ THREE BEAN SALAD 1 EACH CLEMENTINES 1 EACH GARLIC BREAD (WW) 8OZ MILK
1 EACH BBQ CHICKEN SANDWICH 4OZ BROCCOLI & RANCH 27 1 EACH BANANAS 1 EACH BUNS (WW) 8OZ MILK	3OZ CARNITAS TACOS 4OZ CHEESY REFRIED BEAN 28 4OZ SLICED APPLES 1EA TORTILLAS (WW) 8OZ MILK	4OZ TERIYAKI CHICKEN 29 4OZ CARROTS 1 EACH BANANAS 2OZ BROWN RICE (WG) 8OZ MILK	1 EACH TURKEY SUB SANDWICHES (WW) 30 4OZ CUCUMBER SLICES 1 EACH BANANAS 8OZ MILK	6OZ CHICKEN ENCHILADA PASTA BAKE (WW) 31 4OZ GARDEN SALAD 1 EACH BANANAS 8OZ MILK

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